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Indivisible Tucson Announcements Mar 15, 2026

Outline:

1. Heat exhaustion vs heat stroke - know the symptoms
 2. March 22 in-person Rev Up Party! Join in the fun!!!
 3. No Kings 3 - Sat March 28, all over Tucson, Arizona, the US, and the world!
 4. Minutes from March 2 Monthly Membership Zoom
 5. State and local news, events, and activism
 6. Unseat Ciscomani Team - weekly message
 7. National and international news
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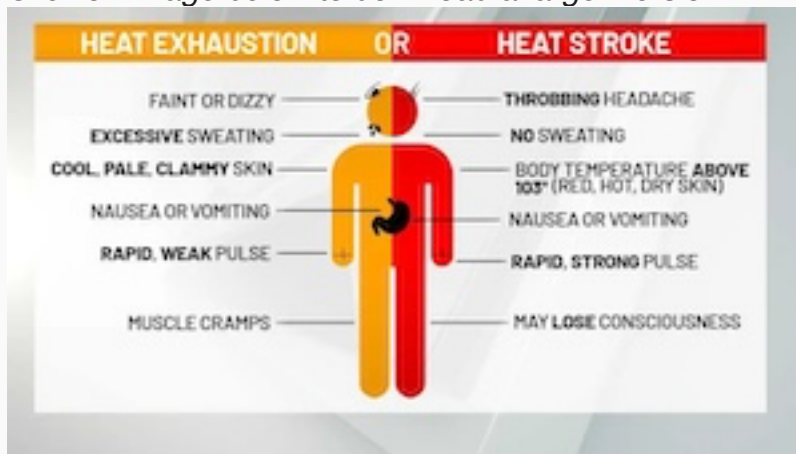
8. Humor

1. Heat stroke vs heat exhaustion - know the symptoms of each!

Heat exhaustion is miserable and will wipe you out for the rest of the day, but you will be ok. You can get heat exhaustion even if you are well hydrated (too much exposure to the heat is just too much). Ask me how I know.

Heat stroke is is life-threatening emergency! Call 911!

Click on image below to download a larger version.



2. Sun March 22 in-person Rev Up For No Kings - Party with a Purpose!

RSVP: <https://www.mobilize.us/itaa/event/917276/>



ITAA is ready to party!

Join us for REV UP FOR NO KINGS, our latest Party with a Purpose.

Sunday March 22, 1 – 4 pm

RSVP: <https://www.mobilize.us/itaa/event/917276/>

Come enjoy food, community, and fun

As we get ready for another one!

We'll have games and news and music, too

To rev us for the next hullabaloo!

We will play games, announce the latest plans,

and learn resistance songs as we enjoy good food and good company.

3. Sat March 28 - No Kings 3!

[Planning is coming together, multiple events all over Tucson!](#)

We could still use a few more volunteers, to crowd-count (clickers provided), take photographs / videos, safety team members, and first aid. No experience necessary - we will provide any necessary training! If you think you might be interested in volunteering, email Amy at asgosla5@proton.me

Here is the website for the Oracle Corridor events: <https://nokings3-tucson-ov.org/>

Tips for participants (~ 4 min video)

https://www.youtube.com/watch?v=Fka4dek_YW8

Know Your Rights training from the ACLU

<https://www.mobilize.us/nokings/event/911730/>

Know Your Rights: Protest Rights and Safety Practices (for all No Kings Attendees)

Wed Mar 18, 5 PM MST

About this event

In this ACLU-led training, participants will learn about the Constitutional right to peacefully protest and about best practices for reducing risks when attending

protests like the upcoming No Kings mobilization on March 28.

4. Minutes from March 2 Monthly Membership Zoom

Minutes are attached as a pdf -- includes the chat: [ITAA-Minutes-Monthly-Meeting-2026-03-02-FINAL.pdf](#)

At this meeting we heard from three candidates for the Arizona Corporation Commission -- and it got interesting! Video recording will be posted at some point.

5. State and local news, events, and activism



COMMUNITY FOOD DRIVE

Donate to families in need & afraid to leave their homes.

DROP OFF EVERY THURSDAY

5:00 - 5:30 PM

Global Justice Center, 225 E. 26th St.

Hygiene Products

- Toilet Paper
- Napkins, Paper Towels
- Diapers (ages 2-5)
- Menstrual products
- Toothbrush & Tooth paste
- Shampoo, Conditioner, Body Soap, Hand Soap, Lotion
- Laundry Soap

Miscellaneous

- Kid's bicycles, helmets
- Storage shelves (wire/metal only)

Shelf Stable Foods

- Bread, Rice
- Dry/Canned Beans
- Canned Corn, Green Beans, Peas, Soups
- Canned tuna
- Cooking oil, Butter
- Sugar, Flour, Salt
- Chicken bouillon
- Chocolate Milk Powder
- Instant Coffee

Fresh Foods

- Onions, Garlic, Potatoes
- Carrots, Celery, Squashes
- Tomatoes, Apples, Bananas
- Milk, Eggs, Cheese, Meat
- Tortillas (Flour, Corn)



La Ristra Food Drive Dropoff - donate to families in need sheltering from

ICE!

Every Thursday, 5:00 - 5:30 PM

Global Justice Center

225 E 26th Street

United We Dream, an organization powered by immigrant youth, is starting a project to have volunteers host events where we can write supportive letters (safely and privately) to our neighbors in detention:

Host Your Own Powered by Love Gathering: Letter Writing for Immigrants in Detention

https://www.mobilize.us/unitedwedream/event/897305/?rname=Caere&share_context=event_details&share_medium=copy_linkMobilize

Over the past month, we've watched ICE spread fear throughout our communities, detaining children like five-year-old Liam Conejo Ramos on his way home from preschool. We've also seen the incredible resistance of children and parents detained in Dilley, Texas, fighting back from inside a family detention center that should never exist. We refuse to keep watching families suffer. ** Join us to turn this anger and grief into tangible love and solidarity for our immigrant neighbors in detention.** Love and dignity for detained immigrants comes from us, the people. It starts with empathy, with care, and with something as simple as a letter. A letter that tells someone in detention: we see you...

https://www.mobilize.us/unitedwedream/event/897305/?rname=Caere&share_context=event_details&share_medium=copy_link

ACLU Know Your Rights

<https://www.mobilize.us/nokings/event/911730/>

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Teacher's union petition urges TUSD to tighten ICE policy

Teachers want clearer policies and extra steps to protect campuses.

<https://news.azpm.org/p/azpmnews/2026/3/9/228799-teachers-union-petition-urges-tusd-to-tighten-ice-policy/>

Hobbs, Mayes, and Fontes Condemn the Department of Injustice Seizing Arizona 2020 Voting Records

March 9, 2026 by David Gordon

<https://blogforarizona.net/hobbs-mayes-and-fontes-condemn-the-department-of-injustice-seizing-arizona-2020-voting-records/>

FBI obtains records related to Arizona Senate audit of Maricopa County 2020 election results, state lawmaker says

<https://www.cnn.com/2026/03/09/politics/fbi-subpoena-records-arizona-senate-audit-maricopa-county>

Arizona election officials seek to shield voter data as US agencies swoop in

https://tucson.com/news/state-regional/government-politics/elections/article_c95c4474-2966-4bf5-b9d2-a36fcb755817.html?utm_medium=social&utm_source=bluesky&utm_campaign=user-share

PHOENIX — Fearing an end-run around the courts, two top state officials are telling Arizona counties to refuse to comply with any grand jury subpoenas for private voter records.

In a joint letter to all 14 county recorders, Democratic Attorney General Kris Mayes and Secretary of State Adrian Fontes remind them there is already a lawsuit in federal court over whether the U.S. Department of Justice is entitled to a full, unredacted list of voter information. There is no date set for a court hearing.

But what has changed since the lawsuit was filed, they said, is that Republican

state Senate President Warren Petersen, responding to a grand jury subpoena, turned over records to DOJ related to the Senate's audit of the conduct and results of the 2020 presidential election in Arizona. They warned that appears to be part of an end-run around federal court for the Trump administration to get the documents it wants — regardless of what a federal judge rules.

That's not all. It also comes as the U.S. Department of Homeland Security, apparently conducting its own probe, has asked Mayes' office for some documents it has related to the 2020 election.

The Attorney General's Office surrendered both a report that was done reviewing the audit by Mayes' predecessor, Republican Mark Brnovich, as well as some documents Brnovich did not make public before he left office at the end of 2022, said a spokesman for Mayes, Richie Taylor.

Taylor said there was no subpoena, as all those documents are public records. But he said nothing else has been provided to Homeland Security.

Mayes and Fontes said all of this leads them to believe federal agencies will use the grand jury process — and the ability of prosecutors to subpoena documents — to circumvent the question before the federal judge of whether the agencies have a legal right to receive what they are seeking. The two Arizona officials said they want to be sure county recorders do not play a role in letting that happen.

6. Unseat Ciscomani Team

HOW ITAA MEMBERS CAN SUPPORT THE UNSEAT CISCOMANI

TEAM: [Our team has prepared this flyer to describe our various activities and how you can join.](#)

FOCUS FOR THIS WEEK

THANK YOU TO ITAA MEMBERS FOR VOTING TO PROVIDE JOANNA MENDOZA'S CAMPAIGN AN EARLY ENDORSEMENT!

If you are interested in hearing Mendoza's latest positions, we recommend viewing this interview she gave recently to Jennifer Rubin, a well-known columnist.

<https://contrarian.substack.com/p/are-arizonans-on-the-verge-of-dumping>

CISCOMANI ISSUES OF THE WEEK

- **Veterans for Mendoza:** Our team has created an alliance with Veterans for Mendoza. According to Bill Swan (bnswan@newmex.com), vets are “disgusted” by the illegal war in Iran, and the way in which Ciscomani pretends to care about service members and veterans, but actually votes for policies and actions that cut VA benefits and put service members at risk. By contrast, “Mendoza is an authentic, down-to-earth Marine veteran who understands veterans’ perspective.” Veterans for Mendoza is welcoming allies from ITAA. If you are a vet, and would like to support messaging to unseat Ciscomani, contact Bill Swan at the email above. There is an in-person meeting on March 25, and Bill can let you know how to participate.
 - **The War in Iran:** Spineless Juan issued a press release indicating his support for the attack on Iran. Did he raise concerns about lack of Congressional authorization? NO. Did he express reluctance to support potential involvement in an unending military action? OF COURSE NOT. Did he even attempt to poll his constituents to find out what we think? IT DOESN'T MATTER TO HIM. And – as someone who claims to be a big supporter of the military - did he express concern that his constituents who are in the military may be placed in harms way by this “war of choice”? NOT A BIT.
 - **ICE Death in Arizona:** A legal immigrant from Haiti, living in Massachusetts, with no criminal record, died in AZ on March 2 after failing to receive timely medical care from the ICE detention facility in Florence. Rep. Grijalva is demanding an investigation; Rep. Ciscomani is, of course, silent. Ciscomani continues to send out press releases in
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which he pretends to have no idea why the Democrats have forced an Homeland Security shutdown over the need for changes in ICE, nor does he mention that Republicans voted AGAINST a Democratic bill to fund TSA and other non-ICE parts of Homeland Security.

SPREAD THE WORD – JUAN HAS REVEALED - ONCE AGAIN – HIS TRUE COLORS.

AND JUST AS A REMINDER FOR EVERYONE, PLEASE BE AWARE OF THE FOLLOWING:

A. MAGA-SHAVE VIDEO – Must see! We videotaped our second mobile MAGA-Shave demonstration, lining up before a busy intersection in Ciscomani's district, carrying six signs in sequence, bringing awareness of the need to UnSeat Ciscomani to swing and low information voters.

Watch the video here: <https://vimeo.com/1162704544?share=copy&fl=sv&fe=ci>

We will be continuing these types of demonstrations at different locations throughout our district all through 2026.

B. WE NEED YOU!!! Join the Weekly Saturday (8-10:30 - NOTE NEW START TIME) Demonstrations at Ciscomani's Office: 1636 Swan Rd, Tucson. Our team will be tabling regularly at these protests and would love you to come and say hello. There will be a sign-up sheet on our table if you want to join our team. SEE FLYER BELOW:

STAND STRONG SPEAK UP

**STOP
PROJECT
2025**



**RALLY
AND
RESIST!**

SATURDAYS, 8AM

OUTSIDE CISCOMANI'S OFFICE

1636 N SWAN ROAD

**TELL CISCOMANI TO HONOR HIS OATH
AND PROTECT OUR CONSTITUTION**

Bring a sign or use one of ours.

Paid for by Legislative District 18 Democrats, Kimberly Fitch, Treasurer.
Not authorized by any campaign or campaign committee. LD18DEM5.ORG

Our content -- follow, subscribe, and use buttons for like, comment, and share:

Facebook:

<https://www.facebook.com/HoldCiscomaniAccountable>

Instagram:

https://www.instagram.com/Unseat_Ciscomani_Team

Bluesky

<https://bsky.app/profile/pressure-ciscomani.bsky.social>

AZ CD-06 Substack:

<https://cd6pressureciscomaniteamofitaa.substack.com/>

Subscribe (follow)

Use the buttons for: Like (heart); Comment (quote);

Restack (circle of 2 arrows)

Use the up arrow menu for:

Getting link to post so you can share it;

Sharing directly to FB; Blue Sky; X; Send as message

YouTube Channel:

https://youtube.com/@unseatciscomani?si=uvxob_3VfqjOY6Fe

Subscribe (no requirement to pay) to page

Vote thumbs up

Use 3 dots to get menu for options to share to other platforms and get link.

ITAA website page

<https://www.indivisibletucson.org/ciscomani.html>

All our flyers are available here. Download and print/distribute them or share them on social media with your networks

Website: Juan Lies

<https://juanlies.com/>

Includes link to UnSeat Substack page

Get contact details for Juan so you can make calls

Rate Juan

7. National and international news

Judge quashes subpoenas in Justice Department's investigation of Fed chair Jerome Powell

<https://apnews.com/article/feeral-reserve-trump-0fdd36447a6aa8ae3e7125930d03950f>

Trump the 'Bully': How Childhood & Military School Shaped Him | The Choice 2020 | FRONTLINE

<https://www.youtube.com/watch?v=nc5-Uw13V-w>

Jan. 6 Plaque Honoring Police Quietly Installed in Capitol at 4 A.M. After Years of GOP Delay

A bill passed by Congress in March 2022 mandated that the plaque be installed within a year, with Democrats blaming House Speaker Mike Johnson for stalling the process

<https://people.com/jan-6-plaque-quietly-installed-capitol-11922116>

Republicans Concede They Need to Pivot on Immigration Before Midterms

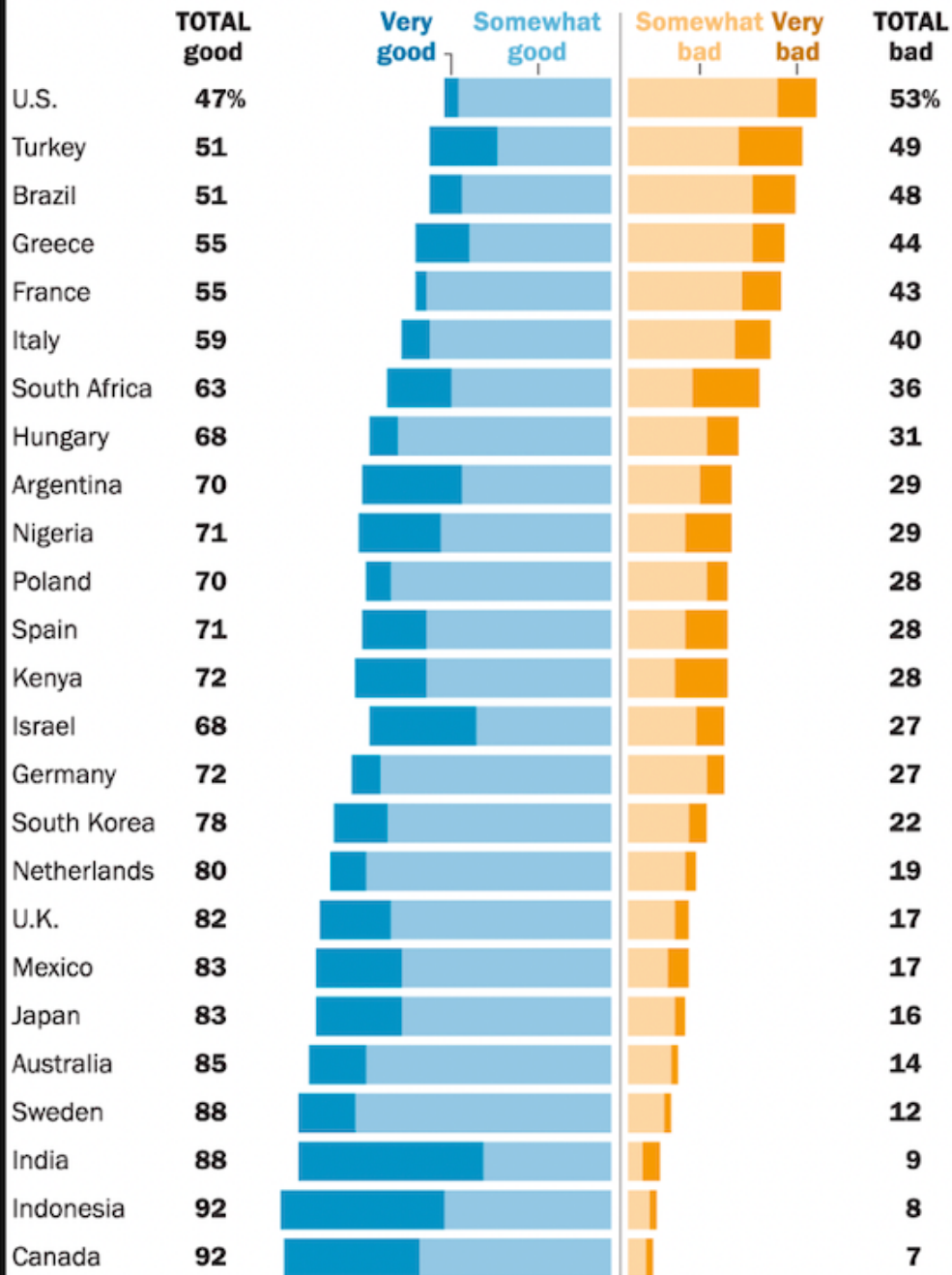
In public comments and private meetings at a House G.O.P. retreat, top officials allowed that President Trump's immigration crackdown had hurt the party and that they needed a course correction on the issue.

Mar 11 (Gift Link)

https://www.nytimes.com/2026/03/11/us/politics/house-republicans-immigration-midterms.html?unlocked_article_code=1.SVA.ZNoM.8qc92bvKLoLo&smid=url-share

In many countries, people see their fellow citizens as morally good

% who rate the morality and ethics of people in their country as ...



Note: Those who did not answer are not shown.

Source: Spring 2025 Global Attitudes Survey.

"In 25-Country Survey, Americans Especially Likely To View Fellow Citizens as Morally Bad"

PEW RESEARCH CENTER

March 5, 2026

In 25-Country Survey, Americans Especially Likely To View Fellow Citizens as Morally Bad

53% of U.S. adults say Americans have bad morals and ethics

https://www.pewresearch.org/religion/2026/03/05/in-25-country-survey-americans-especially-likely-to-view-fellow-citizens-as-morally-bad/?utm_source=substack&utm_medium=email#how-have-views-on-morality-changed-over-time

Americans are more likely than people in other countries surveyed in 2025 to question the morality of their fellow countrymen, according to Pew Research Center surveys in 25 countries.

We asked people around the world to rate the morality and ethics of others in their country.

In nearly all countries surveyed, more people say that others in their country have somewhat or very good morals than say their compatriots display somewhat or very bad levels of morality.

The United States is the only place we surveyed where more adults (ages 18 and older) describe the morality and ethics of others living in the country as bad (53%) than as good (47%).

Who will be the first to take off their shoes?

By Marc Elias

March 14, 2026

<https://www.democracydocket.com/opinion/who-will-be-the-first-to-take-off-their-shoes/>

8. Humor





WE JUST WENT TO WAR! WHY? IT'S TIME TO PLAY AMERICA'S FAVORITE GAME SHOW:


WHAT'S THE REASON? ANYWAY

LET'S SPIN IT!



WHAMOND
Cagle.com/Whamond



Governor Newsom Press Office  @GovPressOffice



Reposted by Christopher Webb



Christopher Webb @cwebbonline.com · 3h

California doesn't miss 🌟

Sending the forwarding address.



Stay strong, and don't give up the ship!

In solidarity,

Margrit of ITAA



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